



2016 Somatic Experiencing® Professional Training

Excellence in Trauma Resolution

Seoul
Korea

Join the Leading Edge in Trauma Resolution

Somatic Experiencing® (SE™), developed by Peter A. Levine, PhD, author of the bestseller, "Waking the Tiger: Healing Trauma," is a potent psychobiological approach to resolving the symptoms of trauma and chronic stress. Whether you are a **medical or mental health professional, addictions counselor, first responder, body worker, educator, alternative medicine practitioner, or other helping professional**, the three-year SE™ Professional Training is a continuing education program that will help you make an even greater difference with your clients who suffer.

SE offers a framework to assess where your client is "stuck" in the fight, flight, or freeze responses and provides clinical tools to resolve these fixated physiological states that underlie so many trauma symptoms. Our educational model is both theoretical and highly experiential, offering you effective skills for restoring nervous system regulation and resolving trauma that can be immediately integrated into your professional practice.

How SE May Benefit Your Practice

- **Join the leading edge in trauma resolution.** SE is becoming recognized as a premier method for resolving trauma symptoms. Our graduates are increasingly sought out for referrals based on their SE training.
- **Learn practical and effective skills that help resolve trauma without re-traumatization.** These gentle, powerful interventions will inspire and empower your clients, restoring resilience and providing them with a greater capacity to enjoy life.
- **Have an extraordinary life experience.** Many students find the SE training professionally and personally transformative. Join our joyful and compassionate healing community, and experience meaningful growth for yourself and those you serve.
- **Reduce compassion fatigue.** The SE training helps increase your own resilience as a provider so that you have more energy and stamina for your work and experience greater pleasure and satisfaction in serving.

Somatic Experiencing®
TRAUMA INSTITUTE

Training Dates

Beginning I/II
July 14-19, 2016

Beginning II/III
Feb. 9-14, 2017

Intermediate I/II
July 13-18, 2017

Intermediate II/III
Feb. 1-6, 2018

Advanced I
(TBA)

Advanced II
(TBA)

Location

The Korea Research Society
of Trauma Therapy &
Education (Place: TBA)
Seoul, Korea

Faculty



Dave Berger,
MFT, LCMHC,
PT, MA, SEP

For more information

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Register at
www.krstte.org or
www.traumahealing.org
Call: 82-10-2293-5236

The Somatic Experiencing®
Trauma Institute is a 501 (c)(3)
nonprofit organization dedicated
to the worldwide healing and
prevention of trauma.

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