

BASE™: Bodywork And Somatic Education™

Relational Development, Rupture and Repair

A Somatic Developmental Perspective of Attachment and Bonding



Chapel Hill, NC

Nov. 30-Dec. 3, 2018

9:30-5:30

Dave Berger, MFT, PT, LCMHC, SEP, MA
Abi Blakeslee, MFT, CMT, SEP, PhD



Dave Berger, MFT, LCMHC, PT, SEP, MA, understands human connection as a psychophysical, psychobiological, developmental and sensory-motor experience. He integrates bodywork, physical therapy, psychotherapy and movement education in his clinical practice. His BASE™ work is an integration of all of these processes. He lives in NH and travels extensively.

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Abi Blakeslee, CMT, MFT, Ph.D., SEP integrates Somatic Experiencing with clinical research, the psychobiological principals of attachment, psychodynamic therapy, and somatic bodywork in her practice and teaching. Her original research is on the role of implicit memory in SE with a committee that included Dr. Daniel Siegel. Abi resides in Bozeman, MT with her husband and three young children.

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This workshop will approach the development of human attachment by experiencing the role of the structure of the body in relationship. Posture, movement, sensorimotor development and kinesiology are rarely understood as important features in human bonding. Yet, it is through movement and touch that self-regulation develops, dyadic bonding is learned and a sense of self grows. Through lecture, experiential exercises and practice we will examine the primary structures of attachment and how shifting the structure can shift the relational field. Included will be exploration of 5 Early Primary Structures of Attachment, Developmental Movement Patterning, Polyvagal Theory in Early Relationship, Co-regulation and Self-Regulation, an Overview of Rupture and Repair Cycles, working somatically with couples and practice with Dyadic Somatic Tracking.

For more information:

Dawn Ward
dawnwardcounseling@gmail.com
(919) 559-1797

Workshop Location

Rigmor House
5501 NC 54 West
Chapel Hill

Registration Fee: \$800

**Discounts: \$760 if paid in full
by Oct. 19, 2018**

\$50 non-refundable deposit holds your spot
**24 Continuing Ed. Hours: Psychologists, Social
Workers, MFT's is included**

****Space is limited so register early**

Registration: www.daveberger.net

For more Information about the BASE™ training

www.daveberger.net